0-19 Early Help Hubs

Parenting Programme Timetable – September 2022

Workshop	Audience	Dates	Venue
Family Links **With creche**	This group aims to support parents to think about what we do, why we do it and how it makes us feel.	**Tuesday** **13/09/22** **10am – 12pm** **10 weeks**	Finchley Youth Centre, 142 High Road, N2 9ED
CODA **(Womens Support Group)** **Creche available**	Support group for women who have experienced domestic abuse	**Tuesday** **20.09.22** **11.15am – 1pm** **12 weeks**	The Hyde Hyde Crescent Hendon NW9 7EY
CODA Children's Group	This group aims to support the understanding of conflict and address children's needs.	**Tuesday** **20.09.22** 4.30 - 6pm **12 weeks**	Orion The Orion Primary School Grahame Park Way London NW7 2AL
Talking Teens	The Talking Teens Parent Group helps deal with those challenges so you can have a calmer, happier family life.	**Tuesday** **20.09.22** **9.30 – 11.30am** **6 weeks**	Unitas 76 Montrose Avenue Edgware HA8 0DT

For further information about the timetable or how to access these sessions please call: West Hub - 020 8359 3510, East Hub – 020 8359 3460, South Hub 0208 359 3590